

Home and Community Care (HACC) Services

- ☐ Sutherland Shire Aged Centre Based Activity Services
- ☐ Sutherland Shire Multicultural Aged Centre Based Activity Services
- ☐ Neighbour Aid

Migrant Services

- ☐ Settlement Services for new migrants and refugees
- ☐ English classes
- ☐ Social support groups
- ☐ Homework Club

Centre Services

We offer a range of services to the local community, including:

- ☐ Information, referral and advocacy
- ☐ Community Development
- ☐ Diabetic Needle Disposal Service
- ☐ Student Placements
- ☐ Room Hire

**All projects proudly supported
by Volunteers—it could be you!**

QUALIFICATIONS REQUIRED

- Enthusiasm
- Commitment and reliability
- Your own skills, knowledge and talents
- Flexible hours and days available
- Ability to work with diverse clients and groups
- Minimum 2 hours per week/per fortnight

Each role will have more specific requirements

BENEFITS OF VOLUNTEERING

Volunteering has a meaningful, positive impact on your community. But did you know that it can have many *benefits* for you too? Here are some reasons to volunteer

- a sense of giving back to the community
- a sense of making a difference
- confidence building
- a sense of belonging
- new experiences and learning skills
- training provided

You may discover benefits of your own!

*"I enjoy the pleasant working environment
and the appreciation that is shown"*

Phone: 9524 9559

Fax: 9524 1179

39 GyMEA Bay Rd, GyMEA

Monday—Friday 9.30am –4.00 pm



**GyMEA Community
Aid & Information
Services Inc.**

"Reduce social isolation &
celebrates diversity"

Volunteering Roles

***Have you been thinking that you
would like to get more involved in
your local community but not sure
where to begin? Please read on to
see how we can help
you***



No one is more cherished in this world
than someone who lightens the burden
of another. Author Unknown

~H.A.C.C. SERVICES~

For more information please contact
Angela/Janet on 9524 9559 or
email: hacc@gcais.ngo.org.au

	Provide one on one shopping assistance with/for our elderly and/or clients with disabilities
<u>BUS SHOPPING ASSISTANCE</u> 	Accompany and assist a small group of our elderly Clients on a local shopping bus outing
<u>MAHJONG CLUB ASSISTANT</u> 	Provide assistance with the Mahjong Club on Wednesday evenings and Saturday mornings
<u>HOME VISITS</u> 	Visit clients who are isolated in their own homes to offer companionship by talking, listening and sharing experiences with them or play scrabble, cards, etc.
<u>ASSIST WITH HACC AGED CENTRE BASED ACTIVITY SERVICES</u> 	Provide assistance to Group Leader in running a social activity group for our elderly clients
<u>ASSIST WITH HACC MULTICULTURAL AGED CENTRE BASED ACTIVITY GROPS</u> 	Provide assistance to Group Leader in running a social activity group for our elderly CALD clients; ability to speak another language welcomed

"Thank you for making my Volunteering so enjoyable"

Listed is the variety of Volunteering opportunities under the different projects within GyMEA Community Aid. Please consider which suit your skills, talents and areas of interest

~MIGRANT SERVICES ~

For more information please contact Jenny on
9524 9559 or email: sgp@gcais.ngo.org.au

<u>ASSIST WITH HOME WORK CLUB</u> 	Provide assistance to migrant and refugee school age children and young people. Assisting with reading/ writing activities and homework one day per week after school
<u>ENGLISH LANGUAGE TUTORS</u> 	Provide English lessons for adult migrants to equip them for everyday living in Australia
<u>GROUP LEADER AND ASSISTANT</u> 	Organise and assist various multicultural groups. Second language essential
<u>ACTIVITY TUTORS</u> 	Provide instruction and assistance to various groups in art, craft, exercise, sport, music and other activities
<u>ADMINISTRATION</u> 	Provide administration support, data entry, and develop promotional material

~ADDITIONAL OPPORTUNITY~

<u>CENTRE NOMINATED PROJECTS</u> 	A range of projects that happen from time to time in the Centre —tell us about your particular skills and talents e.g. fundraising activities
---	---

To find out more about each opportunity
ring **9524 9559**
Monday to Friday 9.30am –4.00pm

~COMMUNITY DEVELOPMENT ~

For more information please contact
Rosanna on 9524 9559 or
email: censervice@gcais.ngo.org.au

<u>MANAGEMENT COMMITTEE</u> 	A dynamic team who supports GyMEA Community Aid staff.
<u>FRONT OFFICE</u> 	Meet and greet visitors to the Centre, answer phone enquiries and undertake filing and general office work
<u>COMPUTER COURSE</u> 	Run computer training workshops
<u>ASSIST WITH GRANDPARENTS PLAY GROUP</u> 	Provide assistance in the running of the Grandparents Play Group
<u>FRONT OFFICE VOLUNTEER CO-ORDINATOR</u> 	Recruit, train, supervise & motivate a team of front office volunteers; organise regular meetings and look at ways of recognising their achievements; keep up to date records of volunteers; attend meetings and training as appropriate

"I enjoy the participation, friendship, contribution, service, enjoyment"

Orientation and ongoing training and support will be provided